

TOWERS TIMES





Bulletin of Rotary Club of Chennai Towers

Volume 27 Issue 2



One of the Balanethra babies who underwent laser surgery at Radhatri Nethralaya, for RCCT's ongoing signature project.

At a Glance

- Medical camps
- · Align, Reuse, Conserve
- · Installation of Rotract clubs
- · Speaker Meeting LOL!
- · Fellowship by the sea
- AnnetSpeak
- · Know your Rotarian













Key dates for September

- · Tuesday, 3rd September Board Meeting
- · Thursday, 5th September Teachers day Celebrations
- · Friday, 6th September Medical Camp at Adyar
- · Sunday, 8th September Onam Lunch
- Friday, 13th September Spoken English Class at Anjugam
- · Friday, 27th September Spoken English Class at Anjugam
- Sunday, 29th September VOD Prelims



Medical Camp at Polur Village, Ponneri

3rd August 2024





Total Count: 67

Detected

Diabetes: 7

Systemic Hypertension; 2

Hep B: 1 Positive Hep C: 1 Positive Cataract: 17

Glass Advice: 11

In association with Chennai

Liver Foundation and

Equitas Bank.



Medical Camp

11th August 2024







Total Count: 90

Detected

Diabetes: 16 Systemic Hypertension: 5 Hep B: 1 Positive Hep C; Nil

In association with Chennai Liver Foundation and Equitas Bank.



Medical Camp At Britannia Nagar, Surapet

11th August 2024







Total Count: 70

Detected

Diabetes: 13 Systemic Hypertension: 3 Hep B: Nil

Hep C: Nil

In association with Chennai Liver Foundation.



Medical Camp At Jamma Masjid, Padi

15th August 2024







Total Count: 115

Detected

Diabetes: 30

Systemic Hypertension: 40

Hep B: 2 Hep C: Nil

In association with Chennai Liver

Foundation.



Medical Camp At Giruthalapuram Orakkadu Palvadi Nayur.

20th August 2024









Total Count: 55

Detected

Diabetes: 7 Systemic Hypertension: 21 Hep B: Nil

Hep C; Nil

In association with Chennai Liver Foundation and Equitas Bank.



Ongoing projects:

Balanethra







Number of babies operated for prevention of blindness at Radhatri Nethralaya in August: 3

Liver transplant

RCCT donated Rs 25,000/- for the treatment (Liver Transplant) of a verified 13 year old girl Ms Mamidi Jnaneswari, to Gleneagles (Global Hospitals)

Ongoing projects:

Mobile Van





Our mobile van, equipped with an examination room, diagnostic equipment and telemedicine capabilities, staffed by a medical team, traveled to the villages Polur, Otteri, Britannia Nagar and few more, treating more than 300 patients.



Director: Rtn. Rukmani

Little Drops

5th August 2024





The women of RCCT joined hands to donate cooking vessels and nightgowns at Little Drops Orphanage.

Special Thanks to Ann Radha and her niece Usha who donated new big stainless steel boxes along with our collection. We sincerely appreciate and thank Rtn Jayashree, Anns Anitta, Deepa, Priya Vivek and Biju for their generosity.

-Rtn Rukmini

Aravanai

Skill development workshop

9th August 2024











RCCT conducted a skill development workshop for transwomen from Born 2 Win. We focused on training them to roll incense sticks with organic materials. Each trainee received a kit worth Rs 1000 consisting raw materials, empowering them to build sustainable livelihoods for themselves as entrepreneurs.

It was a privilege to contribute to their journey towards independence and selfsufficiency. The experience reaffirmed the impact of providing opportunities for marginalized communities.

-Rtn Rukmini

Aaroghyam

16th August 2024













RCCT provided nutritious sundal as a daily snack to 150 students of classes 10 and 12 on 16th at the Government Higher Secondary School, West Mambalam.

This project will continue throughout this academic year, on a daily basis on all working days.

A.R.C. Align Reuse Conserve

19th August 2024









RCCT joined hands with AXIS Bank, for a drive to collect reusable clothes, books and E-waste for distribution to the less privileged.

This drive for sustainable living was spearheaded by Rtn Sapna. The AXIS Bank team consisted of senior vice presidents and other higher officials.

My heartfelt thanks to Rtn Sapna, President Rtn Shalin Shah, Secretary Rtn Sanjey Ahuja, Past Presidents Rtn Satish Jupiter and Rtn Krishnachander for their support and time. Special mention goes to Rtn Sanjey and Ann Shoba for making the first contribution.

A special thanks to RCCT and AXIS Bank for supporting sustainability.

The collections from this drive:

Books for school children were handed over to Ann Shoba from Literacy Avenue to be donated to underprivileged school libraries. E-waste was given to World Scrap for ethical processing.

Clothes were sorted into different categories and sent to respective orphanages.

-Rtn Rukmini

Akshayam. Anandham

21st August 2024





This month's Akshayam project, where we distribute food packets to the needy, was sponsored by Rtn Hitesh Shah, PP Rtn Rajesh Narang, Anns Shobha, Geetha and Parul. We distributed food packets near Marundeeswarar Temple.

Mic Donation

28th August 2024







RCCT donated a mic and amplifier system to the Govt. Higher Secondary School, Ashok Nagar, Chennai.



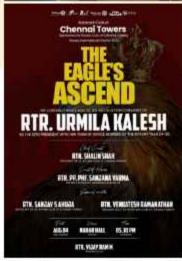
Director: Rtn. K P Jayashree

Installation of Rotract club of Chennai Towers

4th August 2024 at Nahar Hall Royapettah.









The Rotaract Club of Chennai Towers, sponsored by the Rotary Club of Chennai Towers, Rotary International District 3233, had the Installation Ceremony of Rtr. Urmila Kalesh as the 12th President, with her dynamic team of office bearers for the Rotary year 2024-25.

Installation of Rotaract Club of RCCT in Patrician Colleg<mark>e of Arts and Science.</mark>

9th August 2024.







The Installation of our new Rotaract club of Patrician College of Arts and Science, Adyar, was held on August 9th. The new team is led by Rtr Povas as President and Rtr Soundarya as Secretary.



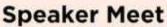
Director: Rtn Anandhakrishnan

Speaker Meeting

8th August 2024 At Taj Connemara









On Thursday 8th August 2024, @ 7.00 pm at Taj Connemara, Chennai





Syama Harini, a standup comedian, was the first speaker of this Rotary year. A popular name in the city, Syama is the runner-up of Amazon Prime's Comicstaan.

She kept us in splits with her great sense of humour and impeccable comic timing. The President and Secretary along with Editor Rtn Padmaja released this Rotary year's first edition of the bulletin, Towers Times.

Bulletin Release

8th August 2024 At Taj Connemara







Fellowship

25th August 2024 At Madras Square by the Beach, Utthandi







AUG

SUNDAY

25

12 PM

@ THE BEACH BY MADRAS SQUARE

Imlias | Kiran | Prayoun | Samuel | Shyom | Viriad | Vivek

Dress in evil eye hars for an Eye-camic afternoon!







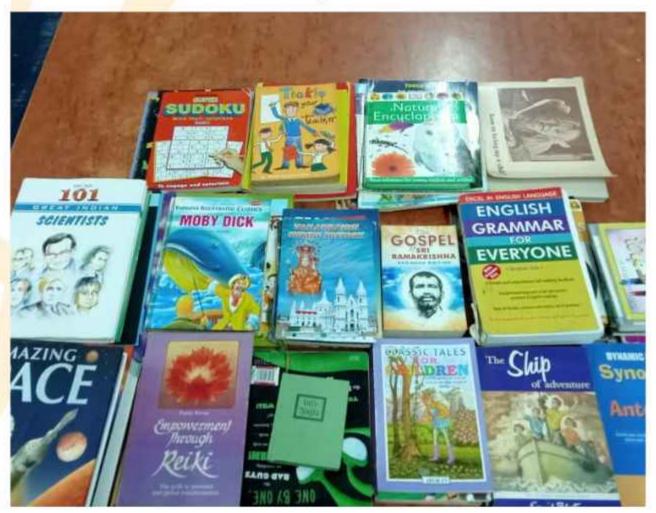






Book Donation at K.R.M.M. School

12th August 2024



We continued our Book donation project by donating around seventy books to KRMMM School. Thanks to Rtn Vinod, Rtn Padmaja for contribution.

Spoken English Classes

9th August 2024







The Literacy group of RCCT conducted their monthly spoken English class at Anjugam Primary School. The topic of the day was Namma Chennai - My City. It was a combined class for students of grades 4 & 5. The students enjoyed sharing their experiences of the city with great excitement and enthusiasm.

RCCT Annets with the High School Students of KRMMM School.

Interactive sessions on two different topics were conducted by Annets of Rotary Club of Chennai Towers: Annet Nidhi Prasad - Research scholar (daughter of Rtn Prasad and Ann Anuradha) and Rahul lyyappan - Risk Consulting Professional (son of Charter member and PP Satish Jupiter and Ann Hamsa) at Kumara Rani Meena Mutiah Marticulation Higher Secondary School, Gandhi Nagar, Adyar on August 1st and 16th respectively.

Addressing the students of class 11 and 12, the two speakers brought out new perspectives towards 'How to fail better, win bigger and enjoy more' and 'Personal finance hacks to grow money for a better you'.

Giving examples from their own journey of struggles, discussing case studies of few International brands, the two speakers held the students' rapt attention for two hours of interactive sessions each.







Annet Nidhi with the students and staff of KRMMM School









Annet Rahul with the students and staff of KRMMM School

Quiz







As part of Indian National Trust for Art and Cultural Heritage (INTACH), the members of Literacy Avenue and Students of Heritage club of Kumara Rani Meena Mutiah Matriculation School conducted a quiz for students of standard 8. The topic was important events, places and personalities that played significant roles during the Freedom struggle.

Rtn Aarthi Varanasi, Anns Mala, Alpana, Geetha helped in organizing the quiz.

Intach Quiz

31st August 2024









One of the new initiatives of Literacy avenue for the year is involving our Rotractors towards cultural events and activities conducted by Intach.

Rotractors Rtr. Pres. Urmila Kalesh, Rtr. IPP. Vijay Ram Manikandan, Rtr. Vishal Gopinath and Rtr. Ramana R. from Chennai Towers as volunteers along with Ann Anuradha Prasad were part of Chennai Inter school INTACH National Heritage Quiz held at Sri. Sankara Vidyadashram Matriculation Higher Secondary Schoolon 31st August.



RCCT in 3233

Awards Ceremony at Guindy



In the Annual District Award ceremony of Rotary District 3232 RCCT won awards in the following categories for the year 2023-24. IPP Rtn PK Binoy attended the gala function on behalf of our club.

- 1) G.K. Mobile NCD Eye Screening project
- 2) Environment Project
- 3) Basic Education and Literacy Avenue
- 4) Community Economic Development
- 5) Smart vision glasses project
- 6) Dialysis project
- 7) Career guidance, Skill Development and Entrepreneurship development
- 8) Vocational Awards
- 9) Industrial visit to Devendra Autocom pvt. Ltd
- 10) RYLA held at Farm Guru
- 11) In the Individual category for his outstanding efforts in each of the Avenues of Service for the year 2023-24, PP Rtn Umapathy received special Award with a silver Medal and Trophy from Rotary International. Since he's no longer in RCCT, IPP Rtn Binoy collected the award on his behalf.



RCCT in 3233

Awards Ceremony at Guindy











RCCT in 3233

Visitors from Nigeria









A five-member Vocational Training Team from Nigeria visited Radhatri Nethralaya, the eye hospital of PP Rtn Dr Vasumathy and spouse Dr Praveen. They received training from Dr. Vasumathy about the aspects of laser surgery, counselling of babies' parents and observed laser treatment for a baby with ROP.

On behalf of District 3233 and RCCT, PP Rtn Krishnachander accompanied the team throughout their stay. The visiting team was sponsored by a TRF Grant done by Rotary club of Meenambakam, ideated in the year 2022-2023.

President Shalin and Secretary Sanjey visited Radhathri Nethralaya on August 31st to meet the visiting VTT team from Nigeria.





RCCT in the news







BELGIUM & LUXEMBOURG

Dear Deepak,

I am excited to inform you about a great international collaboration project undertaken by the Indian-Belgian ICC.

On July 9, a medical van was launched in the presence of the Chief Doctor of the Chennai Liver Foundation, the association with which the Rotary club of Chennai Towers, India, collaborated on this initiative, supported by the Rotary club of Villers-la-Ville, Belgium.

This medical van will function as a mobile health clinic aimed at preventing non-communicable diseases. It is equipped to screen for conditions such as hypertension, diabetes and its complications, and viral hepatitis. The van boasts a state-of-the-art blood testing facility to test high-risk populations and equipment to check for diabetic retinopathy, a known complication of diabetes.

The van will travel to rural areas with limited medical facilities. It will be stationed with a TV and music playing to attract local villagers, who will then receive various health tests free of charge. This initiative has the potential to save lives. The project will initially commence in the Tiruvallur district and expand to other districts over the coming years. Please find attached several pictures of the interior and exterior of the medical van.

This medical van represents the second phase of an international €100,000 Rotary International Global Grant project that earlier on realized a modern paediatric dialysis center at the Government institute of Child Health, Egmore, Chennai. The centre focuses on children with kidney problems who cannot afford treatment. It features seven state-of-the-art dialysis machines, a hemodiafiltration unit, a portable reverse osmosis unit, ultrasound and body composition equipment, as well as beds, cots, and other necessary facilities. The centre was inaugurated last year on World Kidney Day, March 9, 2023.

Best regards,

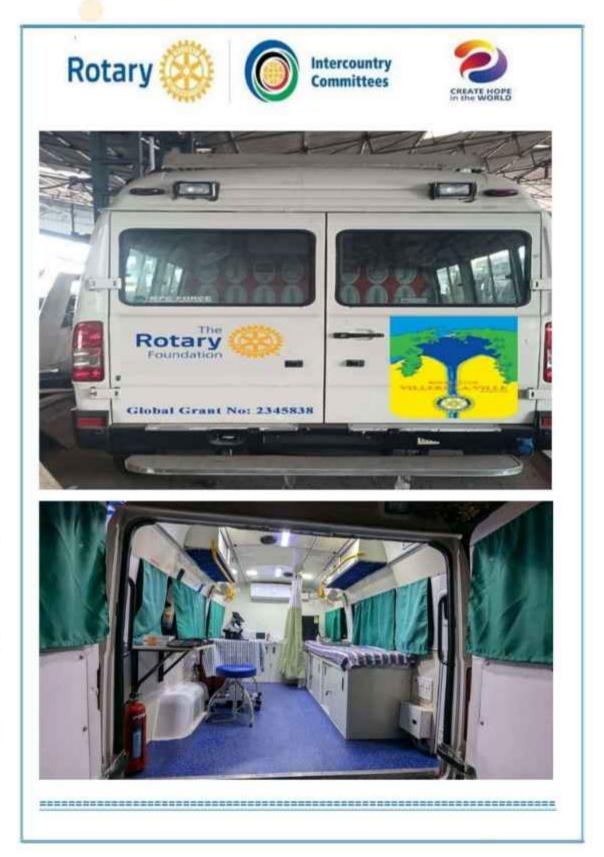




An article about the Mobile Van project was featured in The Inter country committee Newsletter of the July month. This was the signature project of our Silver jubilee year.



RCCT in the news





Rotary events around the world

'Enrich your life by meeting people from different backgrounds.'

RI President Herbert Brown.

In the year 1988 Rotary International decided to declare the month of August as Membership development month.

For the first time in 1995 - 1996, RI announced the Calgary Award to districts with highest percentage of growth in membership.

Eventually this led to a remarkable growth of Rotary in India during the nineties. District 3230 of Madras in India was one of the few recipients of this prestigious award at a convention held in 1996.

Rotary and post war reconstruction

Rotary as an organization has been instrumental in the settlement of a number of boundary disputes all over the globe. As an example, during the Chaco War in the years 1932-1935 between Bolivia and Paraguay, only members of various Rotary clubs were allowed to provide clothing, food and other essential supplies to soldiers, prisoners of war and their families.

Members of the Rotary Club of Helgoland, Schleswig-Holstein, Germany, travel two and a half hours by ship for joint projects with other clubs or for doing service projects. The closest club is located 60 kilometres from the island, which lies on the North Sea coast.

Achievements



In a Bridge Tournament organized by Express Avenue on August 15th, Ann Mala, spouse of PP Rtn Vijaykumar won the 3rd prize.

The Cosmopolitan Inter- Club Swim Meet '24 took place on 25th August in Chennai. Ann Mala, spouse of PP Rtn Vijaykumar won the silver in 25m Freestyle and bronze in 25m Breaststroke.





Annett R Sarvesh, son of Rtn Rojarajan and Ann Gomathi, participated in Annettes Cricket League conducted by Rotary club of Madras Downtown. His team emerged as the runners up in the tournament.



Achievements



PP Rtn Dr Vasumathy and Spouse Dr Praveen Krishna delivered a Joint West Bengal State chapter oration and received the award from Kolkata medical college, the oldest college in Asia.

Dr. Praveen Krishna, spouse of Rtn Dr Vasumathy was honoured by the IMA (Indian medical Association) for his community ophthalmology service.



Wedding Anniversaries

RCCT extends warm wedding anniversary wishes to the lovely couples celebrating their special day. Congratulations!







KNOW YOUR ROTARIAN

Rtn Rajiv



Rtn Rajiv was inducted on July 9th in RCCT. Get to know more about him.

Name: Rajiv Rammohan

My family: Wife Aparna and three kids - Rishi (19), Mira (18) and Isha (13) My birthday: 17th September 1978 My profession: Vice President of Product Operations, Asia Pacific Japan and Greater China, Dell Technologies My strength: Balanced blend of strategic thinking and operational excellence, communication skills

My weakness: Food :-)

Most memorable moment in my life: When I met my wife online for the first time!

Past time I enjoy most: Travelling
My interests: amateur homeautomation, options trading,
badminton, scotch whiskey
My motto: The only impossible
journey is the one you never begin
My goal: To leave the world at least

slightly better than I found it.

Bulletin Team:

President: Shalin Shah | Secretary: Sanjey Ahuja

Editor: Rtn Padmaja Venketram | Co - editor: Ann Anuradha Prasad